

The Alliance Baseball League COVID-19 Mitigation Plan

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Description: The following mitigation efforts are meant to protect to the best of our ability all participants and will be implemented at all Alliance Baseball League activities, events and facilities.

Definitions:

Participant: Any person or persons involved in playing, practicing, coaching, umpiring or assisting with league operations.

Spectator: Any person or persons within the complex or facility are choosing to observe the activities operated by the Alliance Baseball League.

Activity: Any event put on by the Alliance Baseball League including but not limited to games, practices, tryouts, meeting and/or workouts.

Facility: Any field, park, complex, stadium or batting cage used by the Alliance Baseball League.

Participant and Spectator Pre-Screening Requirements:

1. All participants are required to register online prior to arriving at any activity. Online registration will be accompanied by Exhibit A, Waiver of Liability and Hold Harmless Agreement. Participants will be sent home if online registration and Exhibit A are not completed before arrival.
2. All participants and spectators are encouraged to take their temperature prior to leaving their location and must stay home if the reading is 100.4 degrees Fahrenheit or higher in accordance with CDC guidelines. Participation will not be allowed within 72 hours of exhibiting a fever. The Alliance Baseball League reserves the right to use non-contact forehead thermometers to take temperatures of all participants and spectators who choose to enter a facility.
3. Participants and spectators must stay home if they exhibit any symptoms or knowingly were in contact with a suspected positive case of COVID-19 within the past 14 days.
4. Participants and spectators will not be allowed in the facilities if they have traveled outside of the state within the last 14 days per the states self-quarantine guidelines.
5. Current CDC guidelines can be found at www.cdc.gov. The current Alaska State guidelines can be found at www.coronavirus.alaska.gov The current Municipality of Anchorage guidelines can be found at www.covid-response-moa-muniorg.hub.arcgis.com

Participant and Spectator On-Site Guidelines:

1. Participants will be educated and walked through the mitigation plan at the first activity by coaches/staff.
2. The number of participants and spectators per field will be limited by the space allowed per field while still following social distance guidelines. Not to exceed 175 people per field.

3. All participants and spectators will use social distancing of 10 feet while exercising or 6 feet while not exercising whenever possible. Participants will enter the facility and go directly to their assigned field or designated area. All gear and equipment will be spaced according to social distancing guidelines.
4. Visual indicators will be set up in the stands for spectators, dugouts and on the perimeter of the field for participants to stay socially distanced as much as possible.
5. Face masks will be encouraged for all spectators and for all participants who are not actively involved in the current activities.
6. Coaches will be required to take attendance of all participants at each activity.
7. Spectators will not be allowed on the field and must follow all social distancing guidelines with members outside of their household.
8. All participants and spectators must refrain from handshakes, fist bumps, high fives and group celebrations.

Hygiene Protocols:

1. Restrooms will be disinfected each day prior to Alliance League events.
2. Dugouts will remain locked or closed off to reduce public contact points during practices. If/when dugouts are used, they must be disinfected prior to use.
3. Each team will be required to provide hand sanitizer or antibacterial soap and water for their participants and spectators. Participants will be required to use hand sanitizer or antibacterial soap and water before and after each activity. Once games are scheduled, hand sanitizing stations will be provided for spectators.
4. Participants will be encouraged to bring personal water bottles or drink containers. Public/team water jugs or drink dispensers will not be allowed.
5. Coaches will provide and use disinfectant wipes on all common team gear and equipment before and after each activity. Participants are strongly encouraged not to share equipment.
6. Hygiene protocols will be posted at the entrance to each facility.
7. Electronic agreements filled out ahead of time will be used whenever possible. If the agreement is in person, pens and touch screens must be sanitized before and after each use.

Staff/Coach

1. All staff and coaches of the Alliance Baseball League will be given this mitigation plan and are required to sign Exhibit B, Waiver of Liability and Hold Harmless Agreement, acknowledging the safety requirements and expectations.
2. Training for staff/coaches covering these requirements and the COVID-19 Mitigation Plan for the will be provided onsite at the start of activities.
3. Each team will designate a volunteer on-site to monitor and follow all sanitation protocols. All other staff/coaches/officials will help enforce all hygiene protocols.
4. No staff or coach is allowed to attend any event or facility if they are showing symptoms or have exhibited a fever in the last 72 hours.

Additional Mitigation Efforts:

1. Groups should enter the field on one side and leave on the opposite side.
2. Concessions are prohibited at all facilities until further notice.
3. Food/snacks are prohibited at all facilities unless medically necessary.
4. Sunflower seeds, gum and tobacco are prohibited at all facilities and on all fields.
5. Activities will have a staggered start and pick up time to limit contact between non-household members.
6. Signage will be posted at all entry points to facilities notifying the public of the mitigation plan. The signage will clearly state that any person with symptoms consistent with COVID-19 may not participate in the activity. Signage will also state that those living or working with individuals at higher risk for COVID-19 related illness should not participate.

In the event of an Occurrence:

1. All facilities used by individuals with positive case of COVID-19 will shut down for 72 hours to allow for natural deactivation of the virus.
2. Participants are required to inform the organization if they do become sick within seven days of participation in any activity, so that other participants can be informed that a fellow participant became sick and they should monitor for symptoms and practice recommended social distancing measures.